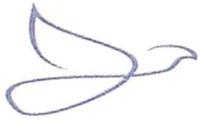


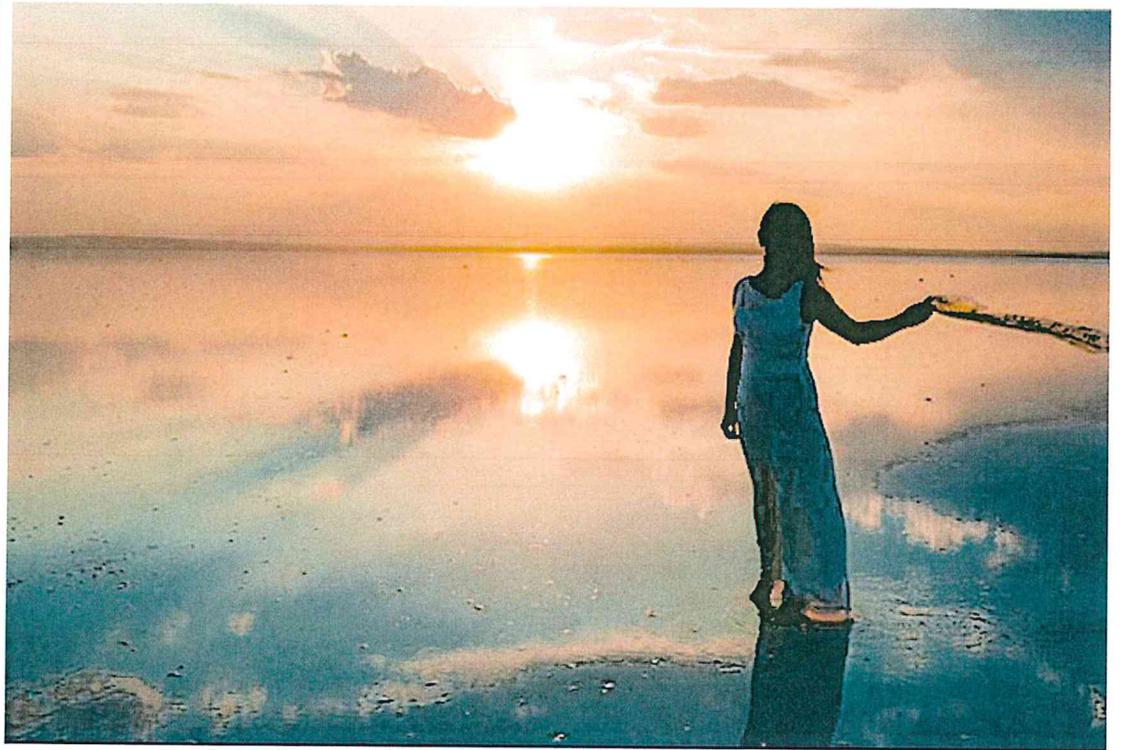
TRANQUILITY
HOUSE
DOMESTIC
VIOLENCE
CENTER

WINTER
2021
NEWSLETTER



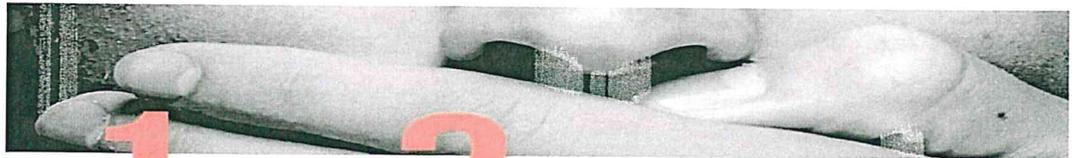
NEEDS LIST

- Masks
- Bath towels
- Wash cloths
- Pillows/Pillow Cases
- Paper towels/napkins/toilet tissue
- Body lotion
- Deodorant
- Hair products for ethnic hair (perm, gel, hair grease)
- Shampoo/Conditioner
- Twin size sheets/fitted sheets
- Can opener
- Plastic wrap/Aluminum Foil
- Can foods/bread/fruits
- Gas cards



"Peace cannot be kept by force. It can only be achieved by understanding." — Albert Einstein

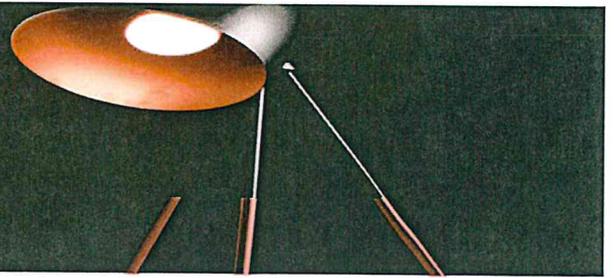
February was Teen Dating Violence Month. This is an issue that impacts everyone, not just teens. Together we can raise the nation's awareness about teen dating violence and promote safe, healthy relationships. Our Teen Advocate, Tasha, posted Instagram videos throughout the month of February discussing the differences between healthy and unhealthy relationships. To view these videos, go to [Instagram: teenadv2020](#) or visit our Facebook page [Tranquility House Domestic Violence Center](#). If you or someone you know is in an unhealthy relationship, you can reach our Teen Advocate at [\(470\) 232-2855](#).



1 IN 3 TEENS
WHO WERE IN AN ABUSIVE RELATIONSHIP
NEVER TOLD ANYONE ABOUT THE ABUSE.

Like us on Facebook: Tranquility House Domestic Violence Center
Visit our Website: <https://www.tranquility-house.org/>

Employee Spotlight



Tasha is the Teen Advocate at Tranquility House Domestic Violence Center. She has been with Tranquility House since March 2018. Ms. Tasha has a true passion for helping teens push towards and achieve their goals of success. She teaches them about unhealthy relationship patterns and the importance of talking to someone who can help. She manages the teen text line. If you would like to text with her the number is: 470-232-2856.

New Program for Children



Tranquility House is providing a new program, Rainbows for All Children. This program is for Children and Youth in our center. The program is designed specifically for children and youth impacted by domestic violence. Rainbows for All Children is the largest non-profit program dedicated to helping children heal from painful family transitions. Rainbows' programs help children who are grieving the loss of a parent or guardian due to death, divorce/separation, deployment, deportation, incarceration or trauma. Rainbows is designed to help children:

- Develop and strengthen problem-solving skills and appropriate behavior and anger management Improve school attendance and academic performance
- Alleviate depression and anxiety
- Reduce emotional pain and suffering
- Improve communication in their families
- Reduce the likelihood of destructive behavior such as involvement with gangs, alcohol and substance abuse



Four Families obtained permanent housing

Mom plus one child came to the shelter after her abuser beat her, stole her phone, and told her if she ever called the cops he would kill her. She received assistance with repairing her car, taxi rides and enrolling her child into school After obtaining employment and saving enough money she and her son moved into their own town home.

Single woman came into the shelter after living in unstable housing with her abuser. She slept in her car many nights and when attempting to come into the shelter she drove no faster than 20 MPH because that was as fast as the car would run. She obtained employment and while getting her vehicle repaired her coworkers assisted her with transportation. She saved her money and has established housing in a modular home.

Mom plus two children came to the shelter after mom had been beaten, pulled across the floor by her hair, and her children kept from her when she first fled the home. After obtaining physical possession of her children she came to the shelter. She was assisted with immigration, childcare and ½ of her rent. She moved to a new modular home with her children.

Mom plus two teens came to the shelter after her abuser held her to restrict her movement, broke down a door, punched her with his fist and they both were arrested for drug possession. She stayed sober while in the shelter, attended her groups and worked to accomplish the goals she identified when coming into the shelter. Mom and teens secured an apartment as the new family home.

A BIG THANK YOU TO ALL OUR SUPPORTERS

